

Marketing, perspetivas e tendências no mercado do leite

Ana Fernandes – MilkPoint Portugal

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MilkPoint



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Como comunicamos?







A isto chama-se dar







Tree!

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Presenças













H30



" Billions of people around the world consume milk and dairy products

every day. Not only are the milk and dairy products a vital source of nutrition for these people, they also present livelihood opportunities for

farmers, processors, shopkeepers and other stakeholders in the value chain."

Source: FAO Milk and Milk Products in Human Health 2013

Os laticínios são saudáveis!

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Am J Epidemiol. 2017 Mar 29:1-15. doi: 10.1093/aje/kww139. [Epub ahead of print]

PubMed

Dairy Food Intake and All-Cause, Cardiovascular Disease, and Cancer Mortality: The Golestan Cohort Study.

Farvid MS, Malekshah AF, Pourshams A, Poustchi H, Sepanlou SG, Sharafkhah M, Khoshnia M, Farvid M, Abnet CC, Kamangar F, Dawsey SM, Brennan P, Pharoah PD, Boffetta P, Willett WC, Malekzadeh R.

Abstract

We investigated the association between dairy product consumption and all-cause, cardiovascular disease (CVD), and cancer mortality in the Golestan Cohort Study, a prospective cohort study launched in January 2004 in Golestan Province, northeastern Iran. A total of 42,403 men and women participated in the study and completed a diet questionnaire at enrollment. Cox proportional hazards models 1- 1 0 004 Jan 1- 14 107 C

were used to estimate hazard ratios and 95% confidence intervals. V cancer) during 11 years of follow-up (2004-2015). The highest quintil associated with 19% lower all-cause mortality risk (hazard ratio (HR) and 28% lower CVD mortality risk (HR = 0.72, 95% CI: 0.60, 0.86; P associated with lower risk of all-cause (HR = 0.83, 95% CI: 0.73, 0.9 Format: Abstract -Ptrend = 0.001) mortality. We noted 11% lower all-cause mortality an intake was associated with 16% lower all-cause mortality and 26% lc was not associated with all-cause or CVD mortality. Neither intake of significantly associated with overall cancer mortality. High consumpti risk of overall and CVD mortality.

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J Dairy Sci. 2017 Mar 22. pii: S0022-0302(17)30258-8. doi: 10.3168/jds.2016-12224. [Epub ahead of print]

Invited review: The anti-inflammatory properties of dairy lipids.

Lordan R¹, Zabetakis I².

Author information

Abstract

Dairy product consumption is often associated with negative effects because of its naturally high levels of saturated fatty acids. However, recent research has shown that dairy lipids possess putative bioactivity against chronic inflammation. Inflammation triggers the onset of several chronic diseases, including cardiovascular disease, type 2 diabetes mellitus, obesity, and cancer. This review discusses the antiinflammatory properties of dairy lipids found in milk, yogurt, and cheese, and it examines them in relation to their implications for human health: their protective effects and their role in pathology. We also consider the effect of lipid profile alteration in dairy products-by using ruminant dietary strategies to enrich the milk, or by lipid fortification in the products. We critically review the in vivo, in vitro, ex vivo, and epidemiological studies associated with these dairy lipids and their role in various inflammatory conditions. Finally, we discuss some suggestions for future research in the study of bioactive lipids and dairy products, with reference to the novel field of metabolomics and epidemiological studies.

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KEYWORDS: cardiovascular disease; dairy; inflammation; lipids

Mudam-se os tempos...





O Mundo está em mudança!...

= You Tube PT

leite é juventude



Q

Vendas 2016: EUA



Category	Volume sales (million pounds)	Volume share	Volume change
Organic	59.4	5%	+1.2%
Lactose free	35.5	3%	+19.5%
Omega 3	10.3	1%	+7.5%
Glass bottle	2.0	< 1%	-1.3%
Grass-fed	.04	< 1%	+25.7%
Raw	.007	< 1%	+36.6%
Total Specialty	107	10%	+8.5%

Source: USDA National Agriculture Statistics Service and Foreign Agricultural Service

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Eat The Azores: A Delicious Look At São Jorge Cheese Culture

March 3, 2015 By Jessie Festa

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Jessie Festa

Taking you beyond the guidebook

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